

ICA Nepal

A brief report of 2018-2019

A. Community Development Project:

Last year, a project entitled “Improving the lives of earthquake survivors of Sindhupalchowk district was successfully implemented by ICA Nepal in coordination with ICA Japan and with the financial support of Ministry of Foreign Affairs. The major objective of this project was to empower local farmers, women, and youth and marginalized communities of Sindhupalchowk district. Major activities carried out:

1. **Construction of Community Training Center:** a multipurpose training center owned and managed by the community was built with the features of two training/seminar halls with the capacity of 50 participants each; reception hall, office room and kitchen, two additional room proposed to carryout milk collection and vegetable collection point in the coming days, model farming plot and vermin-composting shed. This community training center will benefit 30,000 people

2. **Skill Development Activities:**

2.1 Series of agriculture capacity building trainings were carried out. More than 200 farmers directly and indirectly we reached to 2000 individuals. Agriculture General Agriculture orientation workshop, livestock management, shitake mushroom farming, vermin-compost making training, natural pesticides making etc were conducted.

2.2 Sewing Training for local women were carried out, where women learnt to make school bags, scarf and shopping bags. Sixty women were benefitted.

- Dr. Tatwa P. Timsina attended a meeting at Ministry of Foreign Affairs (MOFA) while he visited ICA Japan in Tokyo.
- A final evaluation of our community development project in Far and Mid-Western Region supported by Misereror Germany was successfully conducted by Social Welfare Council, an authorized body of Nepal Government to regulate NGOs and INGOs in Nepal.
- ICA Nepal also collaborated with Rotary Clubs and implemented community development activities in several districts of Nepal.

B. Awareness Raising

- More than 600 students were directly reached through Menstrual Hygiene Management Awareness Raising program.
- Students groups were formed, which will continue to disseminate the knowledge and information on effective menstrual hygiene management
- Menstrual hygiene management kit including sanitary napkin, towel, soap, degradable bags, gloves, bins with cover, information, education materials were massively distributed.

C. Training and Facilitation

- Leadership and Governance training was conducted for the local government representative and local villagers two villages in Sindhupalchowk and Nuwakot districts. Altogether 25 people participated in 5 days training.
- Mr. Yateen Gharat facilitated two days Leadership Development Training for ICA Nepal staff and associates
- Dr. Tatwa P. Timsina provided facilitation service and conducted Organization and Management Survey of Mechi Zonal Hospital
- He is also involved in development of Strategic Plan of Tilganga Eye Hospital. Both these hospitals are very renowned, old and has wide coverage in Nepal.
- Ms. Shizuyo Sato facilitated community rehabilitation workshop for local villagers

Skill Development Training

- Conducted 10 days long Bakery Training for the local youths of Sindhupalchowk district in coordination with Sunkoshi Rural Municipality
- Provided 6 months long cooking training for 80 youths from all the corners of Nepal. Along with theoretical and laboratory sessions, participants were also provided on the job training, leadership and life skills
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D. Agriculture Development

- Massively promoted agro-eco tourism program in several districts, and establish its own farm in Lamjung districts
- Supported local youths in establishing tomato farm and generated employment to four families in Thankot area of Kathmandu
- Carried out series of agriculture related capacity building programs for Tamangs, an ethnic communities of Nuwakot districts, introduced to modern cash crops, developed cooperative and provided trainings of cash crops like ginger, turmeric.

E. Partnership for Local Level Development

- Initiated local government development program to facilitate the capacity building for local level government; had meeting with several Chairs of Municipalities and Rural Municipalities

F. Innovation and Quality Assurance:

- Initiated a unit which works in the area of innovation and quality assurance, we are currently providing facilitation consultancy to several organizations

G. Book and Manual Publication

- Translated, published and disseminated the book entitled “Compassionate Civilization” in to Nepali language. We have aimed to distribute the 500 copies free to Member of Parliament.
- Published Nepali version of Winning through Participation for trainers and facilitators.

H. New Executive Committee Formed

For smooth functioning of ICA Nepal, 7 membered executive committee was formed, chaired by Ishu Subba.

1. Ishu Subba, Chairperson
2. Atma Ram Timsina, Vice-chairperson
3. Mohan Karki, General Secretary
4. Sarala Pokharel Timsina, Treasurer
5. Jhamaka Mahat, Member
6. Chandra B. Nepali, Member
7. Deepa Lama, Member

Dr. Tatwa P. Timsina is selected as the advisor for ICA Nepal and as the Country Representative of ICA Japan, an INGO in Nepal.

Dr. Tatwa P. Timsina and Ishu Subba are chosen as the key persons to maintain communication and coordination in ICA International and ICAs globally.

Some Photographs:



Community Training Centre built by ICA Nepal with ICA Japan in Sindhupalchowk district



Tunnels built by one of the villager, after participating in the agriculture training provided by ICA Nepal



Ms. Shizuyo Sato during the community rehabilitation training



Along with Foreign Minister Pradip Gyawali during the launching of Nepali edition of Compassionate Civilization




During Leadership Development Training facilitated by Yateen Gharat

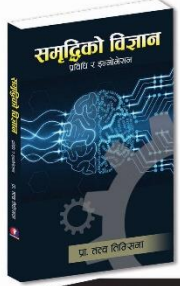
प्रा. तत्व विभिन्नानुद्वारा लिखित 'समृद्धिको विज्ञान प्रविधि र इन्वोभेसन' बजारमा उपलब्ध छ ।

यसै पुस्तकबाट

- विवश्वव्यापीकरणबाट सिक्दै हामीले अब देशभित्रै नै स्वस्थ प्रतिस्पर्धाको संस्कृति सुरु गर्नुपर्दछ । विकसित राष्ट्रहरू अहिलेको अवस्थामा आहृयुनुको मुख्य कारणमा देशभित्रका सहर, गाउँ तथा जिल्लाहरू एक आपसमा स्वस्थरूपमा प्रतिस्पर्धा गर्नुले नै हो । संशोधनको चरणमा प्रवेशपछि अबको हाम्रो सोच कसरी हामी हाम्रो ठाउँलाई अरुभन्दा राम्रो बनाउन सक्छौं भन्ने तर्फ जानु पर्छ ।
- अधिकांश देशहरू विकासका निम्ति औद्योगिक विकासमा लागिरेहँदा नेपालले भने कुनै पनि पाएन । हाम्रो समाज सैबी वर्षदेखि निर्वाहमुखी अर्थतन्त्रमा अभ्यास भएकोले त्यतातर्फ कसैको ध्यानै गएन । औद्योगिक क्रान्ति भएको अढाई सय वर्षपछि पनि यो सोच अझै हामीले रहेको ले त्यसबेलाको कमजोरीलाई अहिले प्राथमिकता गर्नुको कुनै अर्थ रहँदैन ।



लेखक



यो पुस्तक ICA Nepal, कोटेश्वरबाट पनि पाउन गर्न सकिन्छ ।

जनता प्रसारण तथा प्रकाशन लिमिटेडबाट प्रकाशित 'समृद्धिको विज्ञान प्रविधि र इन्वोभेसन' बजारमा उपलब्ध छ ।

Science, Technology and Innovation for Prosperity, a new book authored by Dr. Tatwa Timsina