



## Institute of Cultural Affairs

**(ICA)** Nepal is a non-government organization registered with the Government of Nepal and Social Welfare Council. For the last 22 years, ICA Nepal has been working in the field of community development, training and facilitation across the various parts of the country. ICA Nepal is committed to promote human development through its innovative approaches of participatory methods, agro-tourism, supporting local government in planning and implementation and mobilization of local communities for entrepreneurship development. Over the years, ICA Nepal has been able to create long-lasting impacts in the lives of thousands. We would like acknowledge our donors, supporters, local partners and community people for being part of this wonderful journey.

### STAY HOME STAY SAFE

ICA Nepal expresses its sincere condolences to all families who have lost their loved ones due to Novel Corona Virus Covid-19. We wish for the quick recovery who have been infected by the virus. With sincerity, we urge all to cooperate with the Government and authorities to contain this virus.



In Nepal, the Government has taken various precautions to prevent the spread of the disease with the recent announcement for whole nation's lockdown for seven days. So far, there are three confirmed cases in Nepal.



### Signing Ceremony

ICA Nepal, in coordination with ICA Japan is soon starting a community development activities in Sindhupalchowk district which would be extension of the project carried out in the last year. On 5 March, 2020 a contract between ICA Japan and the Embassy of Japan was carried out in a Project Signing Ceremony. The project contract was signed by His Excellency the Ambassador of Japan to Nepal, H.E. Mr. Saigo Masamichi and Mr. Inui Tomoyoshi, Secretary-General from ICA Japan.

This year we are building irrigation system, installing mini-dairy plant, carrying out intensive skill development developing that includes plumbing training, sewing training, and napkin training.





## Completion Ceremony

The Completion Ceremony of the construction of community training centre was held on 11 October 2019 at ward no. 10 Karkitar Chautara Sangachowkgadi Municipality Sindhupalchowk in the presence of Honorable Mr. Arun Nepal, Minister for Industry, Tourism, Forest and Environment, Province No. 3 and Mr. Yoshiki Sando, Second Secretary, Economic Cooperation, Embassy of Japan in Nepal. The other guests were Honorable Member of Parliament Mr. Saresh Nepal and Chairperson for Development Committee Province No. 3, Mr. Aman Singh Tamang, Chairperson for Chautara Sangachowkgadi Municipality, and ward Chairmen, ward no. 10, ward no. 9, ward no. 8, ward no. 13 of same Municipality \and chairperson of ward no. 3 of Sunkoshi Rural Municipality.

The event was attended by more than 200 local community people. The Centre will serve people of ChautaraSangachowk Gadi Municipality.



ICA Nepal carried out series of agricultural capacity building training, leadership development activities, skill development activities for women, along with the construction of the community training in the district. Sindhupalchowk is one of the worst hit districts by the massive earthquake 2015.

## Lets talk period

ICA Nepal is extensively working on to raise awareness on Effective Menstrual Hygiene Practices across the country. In this our effort, ICA Japan's interns in Tokyo are doing fundraising. The raised fund is used to create awareness among girls and women on safe menstrual hygiene management practices in Nepal. ICA Nepal stands for Dignified Menstrual Hygiene Management. Learn more about the project here: <https://www.globalgiving.org/projects/lets-talk-period/>

## Glimpses of Past Activities in Sindhupalchowk





## Book Support Program

ICA Nepal has published a number of training and facilitation manuals and books. Currently, we are donating sets of manuals to local government, local libraries, public schools, local NGOs and CBOs. Interested organizations are requested to contact ICA Nepal office 015147215



## Book Launching Program

Our Founding Chairperson, Prof. Dr. Tatwa P. Timsina's new book "Sambridhi ko Bigyan" was launched in the presence of Honorable Deputy Prime Minister and Defense Minister Ishwor Pokhrel and Honorable Foreign Minister Pradip Gyawali. The book is available in the bookstores near you and also you can contact ICA Nepal.



## NGO Support Program

ICA Nepal has been supporting various local NGOs in capacity building and fundraising. Entire Power in Social Action (EPSA) based in Kathmandu Nepal is one of those organizations for which ICA Nepal is working for. Recently ICA Nepal member with guests from ICA Japan visited EPSA and observed the activities being carried out. EPSA has participated in the leadership development training, proposal and fundraising training, social artistry training carried out by ICA Nepal as a part of NGO support program in previous years. In addition, EPSA has also received a micro grant fund post the massive earthquake. During the visit, Ms. Sangita Pant, Founder and President for EPSA recalled the past involvement and acknowledged for the support. The support was used to renovate the ceiling of the workspace which was heavily damaged by the earthquake. At present, EPSA has shifted to a new home which provides accommodation facilities to 25 physically disabled women. The organization provides skill development training to disabled and works to make them financially independent.





## In Brief:

In picture, Prof. Dr. Tatwa Timsina, Former Chairperson of Changunarayan Village Development Committee (VDC) Mohan Bir Shrestha, Ishu Subba ED ICA Nepal, Rtn. Christine Glidden, Sushila Tamang, Devaka Shrestha and Sarala Sharam during a meeting held to share the prospects of low cost disposable sanitary napkin and reusable cloth sanitary napkin at Women and Children Learning Centre in Changunarayan.



Inui Tomoyoshi, Secretary General for ICA Japan also visited Learning Centre.



For Details:

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## In Brief:

ICA Nepal provided sanitary napkins and books to Shree Sindhu Deaf Basic School, Barhabise, Sindhupalchok through All Leo Club of Kathmandu Area-2.



ICA Nepal mobilizes volunteers, Rotaracts, and Leos to reach the needed communities across the country.



## Editorial Board:

**Editor:** Yunusha Kafle | **Content Editor:** Priyanka Ghimire